

# WDM LIBRARY

## West Des Moines Public Library Monthly Newsletter



**REGULAR HOURS**  
*Labor Day - Memorial Day*

Monday - Thursday  
 9am - 9pm

Friday 9am - 6pm

Saturday 9am - 5pm

Sunday 2pm - 5pm

Young patrons explore during our Babies on the Move program.

### Iowa Files Series Returns For 5th Year

For the past five years, the library has been proud to present the Iowa Files History Program with the West Des Moines Historical Society. We're excited to have them back again for a series running monthly from September 2023 - May 2024. This joint library-Historical Society event is free and open to the public thanks to the support of West Des Moines Historical Society Members, EMC Insurance Foundation, the West Des Moines Library Friends Foundation and the Iowa Arts Council.

All Iowa Files programs will be live streamed on the West Des Moines Historical Society's Facebook Page and all videos will be closed captioned. They will also be uploaded to their YouTube channel after the event takes place.



**NEXT UP: Hysterical Legislation: The Early Years of Women's Suffrage in Iowa**

*Sunday, September 24 - 2:30 - 3:30 PM*

In 1870, the Iowa Legislature passed a resolution that would have made it legal for women to vote after a second approval in 1872. In the intervening time, conflicts in the women's movement caused upheaval and the second approval never came. What were these issues and just how progressive were Iowa suffragists? Join Kate Levasseur to learn about Iowa's woman suffragist leaders and their role both at home and on the national stage.

[View all upcoming Iowa Files events](#)



### Library Closed 9/4 for Labor Day

The Library is Closed on Monday, September 4 for Labor Day. We will reopen at 9:00 AM on Tuesday. Have a good holiday!

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**ADULT SEPTEMBER EVENTS**

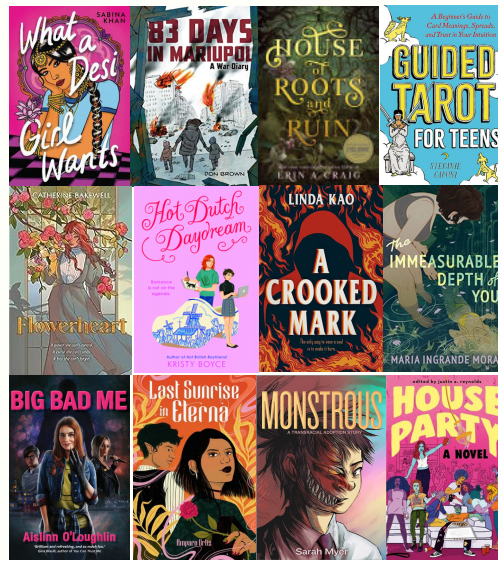
**CHILDREN & TEENS SEPTEMBER EVENTS**

# New Titles Added to the Collection

## Children's



## Young Adult



## Adult



## How do I...



## Q: Get recommendations on what to read next?

A: When you use our "Find Your Next Read" tool a friendly West Des Moines librarian will work with you to find your next best read! You'll tell us about the books you love (and hate!), which genres you tend to gravitate towards, and what format you'd like the book in and we'll get back to you soon with a list of suggestions along with instructions on how to access these titles digitally or pick them up from the library based on your preference. [Use Find My Next Read Now.](#)

Additionally, you can do your own comprehensive searching using the tool [Novelist Plus!](#) Novelist Plus is reader's advisory tool for finding a great book to read! You can search by title, author, genre (mystery, sci-fi, romance) or series. Includes both Fiction and Non-Fiction (you can limit your search to either or both). [Access Novelist Plus.](#)

## Introducing... Tween Club Read!

If you like to read and talk about books (but you're getting too old for our other book clubs), this new book club is for you. Join us for discussion and activities related to this month's book Star Girl by Jerry Spinelli! If you need a copy of the book, please come to the Children's Desk and check out a book club copy!

- September 5 - 4:15 - 5:00 PM | Star Girl by Jerry Spinelli
- October 3 - 4:15 - 5:00 PM | Doll Bones by Holly Black
- November 7 - 4:15 - 5:00 PM | Restart by Gordon Korman
- December 5 - 4:15 - 5:00 | The Magic Thief by Sarah Prineas

[Register for Tween Club Read](#)



## Need Tech Help? We've Got You.

Do you have a specific computer, mobile device, or other technology related questions? Tech One-on-One is here to help! Sign up for a 30 minute private session, walk-in's also welcome. Contact the Adult Services Desk, 515-222-3403, for more info or [register online here.](#)

 **TECH ONE-ON-ONE**  
 **1st & 3rd SATURDAYS**  
**10:00, 10:30, or 11:00 AM**

 +  = **FREE RIDE!**

**Sunday, September 17 - Saturday, September 23**

**WDM Library patrons can ride any DART line for free when they show their library cards!**

# September Adult Events at the WDM Library

## Tech One-On-One

**Saturday, September 2 & 16 - 10:00, 10:30, 11:00 AM**

Do you have a specific computer, mobile device, or other technology-related questions? We are here to help! Registration requested.



## Library Closed: Labor Day

**Monday, September 4 - All Day**

The Library is Closed on Monday for Labor Day. We will reopen at 9 AM on Tuesday. Have a good holiday!

## Mindfulness and Meditation for Seniors

**Wednesday, September 6, 13, 20, 27 - 10:30 - 11:30 AM**

In each session, you will learn meditations to help de-stress from your week and prepare for a relaxing weekend. Each session will include some teaching on mindfulness themes followed by 30 minutes of practice. Registration required.



## YA Not Club Read

**Thursday, September 14 - 6:30 - 8:00 PM**

YA Not Club Read is our non-traditional book club for "Grown ups" who like to read and talk about Young Adult books. This month we'll be discussing Out of Darkness by Ashley Hope Perez. Registration required.



## Reading Nature: A Forest Therapy Walk and Book Discussion

**Saturday, September 16 - 1:00 - 4:00 PM**

Join Brandy Case Haub of Intertwined Nature + Forest Therapy in an easy 2+ hour meander around our pond, followed by a discussion and sharing of a few short readings. Registration is required.



## We Shall Be Monsters: How Mary Shelley and Frankenstein Influenced Modern Society

**Sunday, September 17 - 2:00 - 3:30 PM**

Historian Kathy Wilson looks at the life of Mary Shelley to learn more about the author and understand not only what influenced her writing, but also why we still are fascinated with Frankenstein 200 years later. No registration.



## Dungeons & Dragons One Shot Series

**Thursday, September 7 - 5:45 - 9:00 PM**

This session will be using D&D 5th edition rules and materials. Characters will be provided. Dice and books are also available if needed. Registration required.



## Adult Craft Night & Day: Folded Books

**Thursday, September 21 - 6:30 - 8:00 PM OR Friday, September 22 - 10:00 - 11:30 AM**

Come join us to create a fun craft for the adult crowd! We will have a variety of supplies to make folded book designs! Registration is required and spots fill quickly.

## Nature Journaling for Adults

**Saturday, September 9 - 10:00 AM - 12:00 PM**

Kathy E. Esch, BFA, will teach the art of nature journaling in this introductory session. Kathy will bring several natural objects as reference to draw from, including branches, feathers, cones, stones, leaves and dried natural matter. Registration is required.



## Step Back in Time: Historical Fiction Book Group

**Thursday, September 21 - 7:00 - 8:00 PM**

*Hosted at the Jordan House (2001 Fuller Road)*

This group discusses titles from a wide variety of time/places/people. Please join us for a discussion of So Big, by Edna Ferber. Registration required.



## WDM Writer's Group

**Saturday, September 9 & 23 - 10:00 AM - 1:00 PM**

Open to aspiring authors of all experience levels. Each participant brings an approximately 1500-word excerpt of their work-in-progress to read aloud. Constructive critique follows each writer's turn.



## Perennial and Fall Bulb Swap

**Saturday, September 23 - 1:00 - 4:00 PM**

Now that you've learned how to split and transport perennials, bring your plants to the library to swap with other patrons! Must bring perennials and bulbs in healthy condition. No registration.

## How to Divide & Transplant Perennials

**Sunday, September 10 - 2:00 - 3:00 PM**

Have your irises slowly taken over your garden? Do you have day lilies that are crowding out their neighbors? Hear our own Sarah Wood, Dallas County Master Gardener, share some best practices for dividing and transplanting perennials. No registration required.



## Iowa Files: Hysterical Legislation: The Early Years of Women's Suffrage in Iowa

**Sunday, September 24 - 2:30 - 3:30 PM**

In 1870, Iowa Legislature passed a resolution that would have made it legal for women to vote after a second approval in 1872. But, conflicts in the women's movement caused upheaval and the second approval never came. Learn more about Iowa's woman suffragist leaders and their role on the national stage. No registration.



## Club Read & Book Club Social: Hybrid Edition

**Monday, September 11 & 25 - 7:00 - 8:45 PM**

Join us for a book club discussion on September 11. We will be discussing Remarkably Bright Creatures by Shelby Van Pelt. Join us on Monday, September 25 to discuss books you've been reading lately. Registration is required.



## Tips on Creating Healthier Habits/ Lifestyle

**Thursday, September 28 - 6:00 - 7:00 PM**

This health presentation aims to educate and inspire individuals to adopt healthier habits in their daily lives. This presentation is given by Madisun VanGundy, Public Health Communications Officer, Polk County Health Department. No registration.

## Color Connection: Adult Coloring Club

**Tuesday, September 12 - 1:30 - 2:30 PM**

Relax, unwind and color your stress away! Studies show that coloring can have a calming effect on the mind and help promote wellness. No registration.



The WDM Library works hard to make every program enjoyable to all patrons. If you have specific accessibility or accommodation questions for an upcoming event, please email [library@wdm.iowa.gov](mailto:library@wdm.iowa.gov) or call 515-222-3403.

# Children & Teen September Events at the WDM Library

## Library Closed: Labor Day Monday, September 4 - All Day

The Library is Closed on Monday for Labor Day. We will reopen at 9 AM on Tuesday. Have a good holiday!



## Tween Club Read

**Tuesday, September 5 - 4:15 - 5:00 PM**

(Ages 11-14)

If you like to talk about books (but you're getting too old for our other book clubs), this club is for you. Join us for discussion and activities related to this month's book *Star Girl* by Jerry Spinelli! Register online or at the Children's Desk. Get a copy at the Children's Desk.



## Family Storytime

**Wednesdays (6:30 - 7:30 PM) Thursdays (10:30 - 11:30 AM) and Fridays (10:30 - 11:30 AM) Dates: 9/13, 9/14, 9/15, 9/20, 9/21, 9/22, 9/27, 9/28, 9/29**

(Ages 0-6 w/ adult)

Join us in the Community Room for this class featuring stories, songs, and rhymes followed by gross and fine motor play all with an early literacy focus! No registration.



## Teen Zinemaking Workshop

**Thursday, September 14 - 6:00 - 8:00 PM**

(Grades 6 - 12)

For this program, attendees may work individually or collaboratively to create their own zine (short for magazine). Materials will be provided, but attendees are welcome to bring their own favorite crafting supplies as well. Registration required.



## Lapsit Storytime

**Mondays (9/11, 9/18, 9/25) - 9:30 - 10:00 AM**

**OR 10:30 - 11:00 AM**

(Ages 1 mo. - 18 mo. w/ adult)

Using puppets, rhymes, songs, and short stories, we will engage baby and caregiver in language-rich activities designed for pre-walking babies. Registration is required.



## Saturday Storytime

**Saturdays (9/16, 9/23, 9/30) -**

**9:30 - 10:00 AM OR 10:30 - 11:30 AM**

(Ages 0-6 w/ adult)

Drop in and join us in the storyroom for Saturday Storytime! Build a lifetime love of books and reading as we share stories, songs, and interactive rhymes with an early literacy focus. No registration.



## Toddler Storytime

**Tuesdays (9/12, 9/19, 9/26) 9:30 - 10:00 AM**

**OR 10:30 - 11:00 AM**

(Ages 6 mo. - 2 yrs w/ adult)

Simple stories, gentle tunes, flannel boards, and nursery rhymes. Each week we will incorporate activities that emphasize and reinforce body part identification, counting, rhythm, sensory stimulation, fine and gross motor skills, and animal sounds. Registration is required.



## Family Night at the Library: STEM Kits!

**Monday, September 18 - 6:30 - 7:30 PM**

(All Ages)

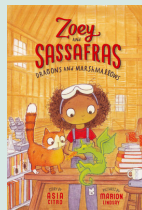
Did you know that we have STEM kits that are available for checkout? There will be a variety of our kits on hand for you to explore and check out! Please register each person attending (children and adults).

## Kids Club Read: Dragons and Marshmallows

**Tuesday, September 12 - 4:15 - 5:00 PM**

(Ages 7-10)

Join us for discussion and activities related to this month's book, *Dragons and Marshmallows (Zoey and the Sassafras #1)*, by Asia Citro. If you need a copy of the book, please come to the Children's Desk and check out a book club copy! Registration required.

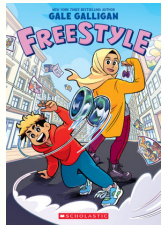


## Kids Graphic Novel Club Read: Freestyle

**Thursday, September 21 - 4:15 - 5:00 PM**

(Ages 8-12)

Join us for discussion and activities related to this month's book, *Freestyle* by Gale Galligan. If you need a copy of the book, please come to the Children's Desk and check out a book club copy! Registration required.



## Baby Doll Storytime

**Wednesdays (9/13, 9/20, 9/27) - 9:30 - 10:00 AM**

**OR 10:30 - 11:00 AM**

(Ages 18 mo. - 3 yrs w/ adult)

Bring a favorite doll or stuffed animal and join us for Baby Doll Storytime. Children will participate in songs, rhymes, and stories while interacting with their baby doll. An opportunity for social, emotional and literacy learning through play! Registration required.



## Group Service Project (Teens)

**Wednesday, September 27 - 3:00 - 5:00 PM**

(Grades 9-12)

Are you looking for a few Silver Cord, Community Service, or other volunteer hours? The Library is looking for volunteers to help with a monthly group service project. No experience or training necessary! Registration required.

## After School Adventures: Lego Club!

**Wednesday, September 13 - 3:45 - 4:30 PM**

(Ages 5-12)

Join us in the Community Room after school to embark on an adventure! Sign up this month and participate in a building challenge using everyone's favorite interlocking brick system. Registration required.



**The WDM Library works hard to make every program enjoyable to all patrons. If you have specific accessibility or accommodation questions for an upcoming event, please email [library@wdm.iowa.gov](mailto:library@wdm.iowa.gov) or call 515-222-3405.**